

## Try a "Green Lunch" For Your Child



Wyatt is working hard to earn the Green Ribbon School award this year, and we are encouraging parents to help us become a more eco-friendly campus by packing zero-waste lunches for your children.

Instead of:

Paper lunch bag

Sandwiches, fruit/vegetables, and snacks in plastic bags

Single-serving snacks

Juice boxes & pouches, milk cartons, disposable water bottles

Paper napkin

Disposable forks and spoons

Choose:

Reusable lunch box

Reusable plastic containers

Buying in bulk and packaging in reusable Containers - this works for chips, pretzels, cheese cubes, even yogurt!

Beverages served in a reusable drink bottle

Cloth napkin

Reusable stainless-steel or plastic forks and spoons

There are recycling bins in the cafeteria for 1) juice pouches, 2) cans and #1 plastic bottles, and 3) chip bags, so please encourage your child to use those containers for their recyclable items. Many items (such as empty yogurt containers and Lunchable packaging) can't be recycled through Wyatt, so please ask your child to bring these home for processing through the City of Plano curbside pickup. Please remind your child NOT to put yogurt and milk containers in the school recycling bins - those items get very stinky after sitting around for a few weeks, and the Girl Scout troops that sort the recycling would really appreciate your assistance with this!

For more information:

Zero-Waste Lunches - [www.wastefreelunches.org](http://www.wastefreelunches.org)

Green Ribbon School Award - [www.greenribbonschools.org](http://www.greenribbonschools.org)

Wyatt PTA's Environmental Committee - [www.wyattpta.org/go-green](http://www.wyattpta.org/go-green)

If you have any questions, please contact Environmental Committee Chair Martha Chalhoub at [pmchalhoub@sbcglobal.net](mailto:pmchalhoub@sbcglobal.net), or Committee Member Lisa Mendiola at [VLMendiola@yahoo.com](mailto:VLMendiola@yahoo.com). Thanks for helping Wyatt GO FOR THE GREEN!

The average school lunch brought from home contains items such as juice boxes, plastic zip-top bags, aluminum foil, yogurt cups, paper napkins, and single-serve packages of snacks. These items make up an average of 67 pounds of waste for just one child in a school year, which adds up to almost 40,000

pounds of trash produced at Wyatt. While these products may be convenient, they end up in landfills for thousands of years, and are more expensive as well. But Wyatt can do better!

Here are some zero-waste lunch options. These small changes are more environmentally responsible, and cheaper too!